CAMHS/ED Network
Steering Group Meeting

Tuesday 2nd June 2015
WHSSC, Caerphilly

Present:

Carol Shillabeer (CHAIR) Director of Nursing, Powys UHB
Glyn Jones (GJ) Specialist CAMHS Manager, Hywel Dda UHB
Carl Shortland (CSh) Specialist Lead for Forensic Services, WHSSC
Daniel Phillips (DP) Director of Planning, WHSSC
Jason Pollard (JP) Welsh Government Representative
Menna Jones (MJ) Clinical Eating Disorder Service, C&V UHB
Caroline Winstone (CW) CAMHS Network Manager, BCU HB
Gerrard McCullagh (GM) Clinical Lead, Aneurin Bevan UHB
Robin Glaze (RG) Consultant in Adolescent Psychiatry, BCU HB
Wendy Bell (WB) Clinical Lead - Eating Disorders, Hywel Dda HB
Sian Harrop-Griffiths (SHG) Director of Strategy, ABMU HB
Jenni Richards (JR) CAMHS Case Manager, WHSSC
Kathryn Davies (KD) Senior Nurse & Specialist Lead ED, AB UHB
Dave Williams (DW) Project Manager T4CYP, Welsh Government
Wendy Clarke (WC) Divisional Director, AB UHB
Angela Lodwick (AL) Head CAMHS/Strategic & Commission HD UHB
Claire Lines (CL) Asst Lead Dir. Children & Strat Lead, Powys UHB
Julie Cude (CD) Head of Nursing CAMHS, Cwm Taf UHB
Warren Lloyd (WL) Consultant Psychiatrist CAMHS, HD UHB
Rose Whittle (RW) Head of Operations & Delivery, C&V UHB
Mark Griffiths (MG) Consultant Child Psychiatrist, AB UHB
Julie Withecomb (JW) Consultant Psychiatrist, Cwm Taf UHB

In Attendance:

Hollie Louise Thomas (HLT) Project Support Officer, WHSSC
Amelie Augez (AA) Interim Administrative Assistant, BCU HB
**PRELIMINARY MATTERS**

**Welcome and Introductions**

The CHAIR welcomed all to the meeting and introductions were made on an individual basis.

**Apologies for Absence**

Apologies for absence were noted from the following:

- Paul Davies, Assistant Director of Operations, Cwm Taf HB
- Claire Ball, Clinical Director, Cwm Taf UHB
- Sian Richards, Welsh Government
- Jayne Lawrence, Head of Primary Care, Cwm Taf UHB
- Joanna Williams, Cwm Taf UHB
- Leslie Rudd, Public Health Wales

**Paper 3.1 Notes of last meeting**

The minutes of the previous meeting held on the 6th June 2014, were agreed as a true and accurate record with only minor amendments necessary.

a) **Action Log**

The action log developed from the last meeting was discussed by the Steering Group, addressing each individual action in turn (monitored separately on action log document).

The CHAIR confirmed the function of the audit of Specialist CAMHS and its importance for moving forward progress with work in this service area. The CHAIR confirmed that it is crucial to have accurate baseline data in place prior to any future audits.

MG confirmed that audit leads are to be in place to enable a standardised collection of data as CAMHS remains high on the political agenda.

The CHAIR discussed the proposition of a CAMHS Audit day to be held sometime towards the end of 2015.

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**GOVERNANCE/DEVELOPMENT OF THE CAMHS/ED NETWORK**

**Paper 4.1 Chairs Report**

Draft minutes 2nd June 2015 CAMHS/ED Network Steering Group
The CHAIR confirmed the recent positive and significant Welsh Government Investment into the CAMHS NHS Services.

The CHAIR informed the Steering Group of the upcoming T4CYP Conference to be held on the 22\textsuperscript{nd} June 2015. It was noted that the previous conference in February 2015 highlighted significant data collection issues.

KD referred to a meeting due to be held on the 9\textsuperscript{th} June - Welsh Government have asked the CAMHS ED network to advise on proposals to enhance Neuro-developmental services for children and young people as part of the T4CYP programme and utilising some of the additional investment recently announced.

**ACTION**: KD to report back at the next meeting.

The CHAIR welcomed KD to her new post, project managing the T4CYP Strategy.

**Paper 4.2: Progress to date on inaugural meeting of the ED sub group held on 20\textsuperscript{th} May 2015**

CW gave an update of the recently established ED Subgroup that held its inaugural meeting on the 20\textsuperscript{th} May 2015. CW reported that there was good attendance at the meeting. The group aims to look at all levels of the patient pathway and has made an excellent start. CW reported that a chair of the subgroup had been appointed (Menna Jones) and a Vice Chair (Natalie Chetwynd, Clinical Lead for Eating Disorders, Hywel Dda).

CW stated that the groups’ initial task is to finalise the Terms of Reference, aiming to make this a robust piece of work that will reflect the aims and purpose for the work carried out by the ED sub group. It was noted that the next ED sub group meeting date is to be confirmed, but the ED group will schedule meetings 1 month in advance of the CAMHS/ED steering group meetings so that it will report to the main CAMHS/ED steering group as a standing agenda item on the next and subsequent CAMHS/ED Network Steering Group meetings.

JP stated that Welsh Government has committed to resourcing the Public Health Wales time that will be required to undertake the review of the ED framework for Wales. Service users are to be involved on an ongoing basis with all future work.

CL stressed the importance of ensuring that Powys UHB is included from an Adult perspective as well as that of a C&YP perspective for ED services and to ensure that Montgomeryshire / North Powys is not omitted from service provision developments. CW also stressed the need for all Health Board CAMHS ED Clinical Leads to be involved in future developments to ensure a fully inclusive and representative
membership from across Wales.

**ACTION**: ED subgroup update to be a standing agenda item for future meetings of the Network Steering Group meetings.

**Paper 4.3 CAMHS ED Network Brief**

RG briefed the group on the North Wales position on CAMHS ED provision. RG explained that the paper provided is seeking approval from the Steering Group members. RG explained the proposed service is based on the Maudesley model and is strong in its evidence base.

The Steering Group members discussed the merits of the proposal from North Wales, clarity was sought that the proposed service was only for North Wales and did not include provision for North Powys. The Steering Group supported the principles set out in the paper, but concern was raised that it did not included provision for North Powys.

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**EFFECTIVE PLANNING AND COMMISSIONING**

**Paper 5.1**: Programme of follow up event 22nd June 2015 conference *Together for Children and Young People* & Next Steps AND **Paper 5.2**: Establishment of the *T4C&YP* Programme board and update AND **Paper 5.3**: *T4C&YP* Programme Board ToR.

The CHAIR explained that the Minister for Education is fully supportive of the *T4C&YP* strategy and will be attending the next stakeholder event planned for 22nd June 2015. The programme for the event is in the process of being finalised. The event will include workshops alongside keynote speeches and the event will also make reference to the Donaldson Report which has 6 domains including Emotional Health and Wellbeing.

DW provided an update on all groups that are involved in the *T4C&YP* Conference that includes service engagement methodology in line with the 4 workstreams already identified and reporting outcomes.

The CHAIR explained that the *T4C&YP* Programme Boards Terms of Reference outlines the 4 core work streams:

- Early Years, Resilience and Wellbeing
- Early Intervention and Enhanced Support
- Neurodevelopmental and Co-morbid Mental Health/Learning Disability
- Specialist CAMHS Pathway
KD gave an update on the membership of the Programme Board. WB provided a reminder of the Criminal Justice Systems involvement.

**Presentation: Welsh Government CAMHS Project Group**

DP provided an update from the last meeting of the Welsh Government CAMHS Project Steering Group. It was noted that the meeting provided a useful interface with WG policy colleagues. There was a discussion surrounding additional funding and the need to look at the role of the group and its membership.

**ACTION:** JP to map out how all CAMHS groups fit together.

CS explained that all individual actions, both Health Board and Network, are provided under Agenda Item 8 including waiting times and redesign.

**Presentation: Update on final consultation of CEOs Review of Clinical Networks.**

DP briefed the Steering Group of the recent meeting and gave an update on the final consultation of CEO’s Review of Clinical Networks. It was noted that all recommendations within the report were agreed. DP stated that it is unclear at present which NHS organisation is likely to host the networks in the future but he will provide an update at the next CAMHS/ED network steering group meeting.

**ACTION:** DP to provide an update at the next meeting.

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**SERVICE IMPROVEMENTS**

**CAMHS ED Services**

**Paper 6.1: Result of Tier 4 out of Wales adult SEDU’s**

CW referred to paper 6.1 and outlined that the information provided was taken from a 12 month snapshot period 1/04/13 to 31/03/14. It was noted that further work is required in the form of a position paper from the Tier 3 Adult clinical leads to provide the evidence required to support reviewing the existing contractual arrangements for those Tier 3 Out of Wales Adult SEDU’s placements.

MJ stated that the position paper will link to a review of appropriate outcome measures to assist with any contractual changes in service provision.

The Steering Group discussed the decrease in numbers of Out of Area placements and the potential positive impact this will have on future commissioning. It was however noted that these numbers are small and therefore difficult to judge. The group discussed an example of this by
the current Tier 2 and Tier 3 service delivery and provision and highlighted that this work must be taken in to consideration with the future review of the Framework that is to be undertaken and also that of the review of Specialised Services.

The CHAIR asked all members of the Steering Group to support the review.

Paper 6.2 (a,b,c,d) : Tier 4 Option Procurement Project

CS provided an update to the group on the Tier 4 Option Appraisal that was part of the Procurement Project. Supporting documents had been circulated prior to the meeting. CS explained that CEO’s aim to repatriate services and move onto a National framework with common standards had been very challenging due to time pressures. CS confirmed that a cost per case basis has been used for the Out of Area framework.

CS explained that visits had been made to every single provider to give an overall audit/process overview. It was confirmed that the Minister had signed this piece of work off and that the project ‘went live’ on the 1st April 2015.

The group discussed the positive impact this Project has had on services and going forward, as a general rule, we should look to place all patients with Framework providers. CS confirmed that an action plan had been developed and has been positively received.

**ACTION**: CS to continuously update the action plan and the Network Steering Group

The CHAIR confirmed that both North and South Wales in patient units should be using the same standards within the NHS. The CHAIR explained the high profile status of this project and to pass on gratitude to Shane Mills, Clinical Lead for Collaborative Commissioning, for all work involved with developing the Project.

Paper 6.3: To provide update on implementation of plans to strengthen Specialist CAMHS/ED Services and update on progress achieved re training implementation

GJ highlighted that the Minister of Health had requested a brief on the outcomes of the £250k invested into eating disorder services. GJ was currently having difficulty obtaining the relevant information from Cwm Taf Health Board in order to respond to the Ministers request. GJ asked if the information could be provided within the next few days, in order to complete the paper and submit to the Welsh Government

**ACTION**: GJ to progress with this outstanding piece of work and to
report to the CHAIR with any issues. GJ to produce a timescale for the next ten days.

**Assertive Outreach teams/CITTs/LD funding and posts**


CS provided an update to the Steering Group on the plans for the development of Community Intensive Treatment Teams and confirmed that an additional 3 new teams established. CS explained that both existing and new CITTs have different levels of resources and a range of performance indicators would be developed that will help to evaluate the effectiveness of the different models in the future.

The CHAIR highlighted concerns around workforce issues and suggested the number of vacancies that can be expected within the teams is closely monitored.

**ACTION:** CS to update at next meeting on progress.

GM discussed Tier 2 dietetics and current vacancies. SHG raised the concern of resource population within each service team.

**ACTION:** CW to seek out some family stories and bring back to the next meeting.

**ACTION:** AL/WC to set up a care database to capture all these needs.

Paper 7.3: LD funding and posts

CS provided an update to the Board relating to LD funding and outlined the LD teams established at present.

The CHAIR confirmed that this was helpful to complete an action in the Welsh Government action plan.

**Delivery of Welsh Government CAMHS Improvement Plan**


This had been covered on the agenda previously.

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<td>Update on progress re the development of a performance and outcome measure framework for CAMHS/ED network</td>
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<td>The development of a performance and outcome measures framework was outlined by CS. CS explained that Individual patient CAMHS data is not currently captured all in the same place. This was noted to be a</td>
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future requirement to pull all data together in one place and that a project team would need to be established to execute this. CS confirmed that a part time analyst post was identified in Network funding and will be key in delivering this particular work

**ACTION:** CS to pull together a proposal for a Task and Finish Subgroup capturing appropriate membership accordingly and to pick this up at the next meeting.

**To consider key performance issues relating to service quality and outcomes:**

**Presentation:** DNA policies

GJ confirmed that the collation of these polices has now been completed and up to date.

The group discussed appropriate and robust MDT’s. The CHAIR confirmed that the DU report is due out imminently. CS to follow this up with the DU.

**Paper 10.1: Update on admissions guidance of children to adult mental health units**

CS stated a copy of the admissions guidance has been provided to all Steering Group members for information. CS provided a brief overview of the themes outlined; placing patients out of area that are at the end of the age range. i.e. 17/18 year olds. should be considered on an individual patient basis. CS explained that the document provided should clarify this.

JP explained from a Welsh Government perspective that documents such as these are reviewed every 2/3 years outlining all areas including out of hours and reporting mechanisms.

**Discussion:** Performance against waiting times targets

This had been covered during the meeting.

**OTHER MATTERS**

MG raised the issue of financial breakdown from the recent Welsh Government funding allocation into CAMHS services.

**DATE OF NEXT MEETING:**

Tuesday 8th September 2015

10:00 – 12:00

Location: TBC